



# Prescribing Controlled Drugs and Substances

The [College of Registered Nurses of Manitoba General Regulation, M.R. 114/2017 \(gov.mb.ca\)](#), allows for RN(NP)s to prescribe any drug listed in Schedule 1 of the Manual for Canada's National Drug Scheduling Systems published by the National Association of Pharmacy Regulatory Authorities as amended from time to time, subject to the restrictions set out in the *Controlled Drugs and Substances Act* and the regulations under that Act. Manitoba legislation provides for changes to the *Controlled Drugs and Substances Act* and regulations without requiring further changes to Manitoba legislation.

The [New Classes of Practitioner Regulations](#) and [subsection 56\(1\) class exemptions](#) under the *Controlled Drugs and Substances Act* authorizes RN(NP)s to prescribe:

- narcotics,
- controlled drugs,
- benzodiazepines,
- anabolic steroids,
- other targeted substances.

However, this Act precludes RN(NP)s from prescribing opium and cocoa leaves.

## Prescribing Controlled Drugs and Substances

Until the following requirements are met, an RN(NP)'s records in Nurse Check display the following condition: *The registrant is not authorized to prescribe controlled substances pending completion of the education requirements.*

For an RN(NP) to remove this condition, fulfill the following two requirements:

1. Review the M3P presentation. This presentation is available in the Alinity Profile of RN(GNP)s and RN(NP)s.
  - a. Successfully complete the post-test exam, which is also available on the Alinity profile of RN(GNP)s and RN(NP)s.
  - b. Notify the Registration team, [registration@crnm.mb.ca](mailto:registration@crnm.mb.ca) in writing with the following:
    - CRNM registration number and full name, and
    - Date of successful completion of the M3P post-test in Alinity.
    - Request to have the Controlled Drugs and Substances Act condition removed from their certificate of practice.
2. Complete one of the following:
  - a. Graduation from University of Manitoba Master of Nursing Nurse Practitioner on or after fall 2016, or
  - b. Another graduate-level Nurse Practitioner program that does contain the current competencies for prescribing controlled drugs and substances.

If you have not graduated from either 2a or 2b, you will need to submit evidence of completion of one of the following to the attention of [registration@crnm.mb.ca](mailto:registration@crnm.mb.ca) or fax 204-775-7117:

- a. University of Ottawa [Prescribing Narcotics and Controlled Substances Course](#)
- b. University of Toronto [Controlled Drugs and Substances: Essential Management and Prescribing Practices](#)
- c. Athabasca University [Controlled Drugs and Substances for NP Providers](#).

You will receive an email upon removal of conditions, authorizing you to prescribe controlled drugs and substances.

M3P templates are available in the Alinity profile for RN(NP)s who do not have a controlled drugs and substances prescribing restriction.

## Prescribing Methadone for Analgesia

**To prescribe methadone for analgesia, you must fulfill additional requirements:**

1. Complete the [Methadone for Pain in Palliative Care course](#) online.
2. Complete the [Methadone for Analgesia Application](#) and submit it to [practice@crnm.mb.ca](mailto:practice@crnm.mb.ca)

You will receive an email confirming that you have received a methadone prescribing exemption for analgesia.

## Prescribing Methadone for Opioid Use Disorder

**To prescribe methadone for opioid use disorder, you must fulfill additional requirements:**

1. Attend the theoretical training course: [Opioid Replacement Therapy 101: An Introduction to Clinical Practice](#) and complete all assigned readings. Check the University of Manitoba Rady Faculty of Health Sciences [Continuing Professional Development](#) for course availability and registration.
2. Attend a minimum of four half-days of clinical training shadowing an experienced methadone provider. Contact information for approved supervising prescribers is provided at the theoretical training session.
3. Complete the [Methadone Prescribing for Opioid Use Disorder Application form](#) and submit it to [practice@crnm.mb.ca](mailto:practice@crnm.mb.ca).

You will receive an email confirming that you have received a methadone prescribing exemption for opioid dependence.

## Renewal of Methadone to Prescribe for Opioid Use Disorder or Analgesia

**To renew your exemption to prescribe methadone, you must fulfill additional requirements before the expiry of your methadone prescribing exemption:**

1. Complete the [Methadone Renewal Application](#) and submit it to [practice@crnm.mb.ca](mailto:practice@crnm.mb.ca)

## Prescribing Buprenorphine for Opioid Use Disorder

Buprenorphine prescribing for opioid use disorder requires additional authorization from the College.

**To prescribe buprenorphine for opioid use disorder, you must fulfill additional requirements:**

1. Complete one of the following:
  - a. Centre for Addiction and Mental Health [Buprenorphine-Assisted Treatment of Opioid Dependence](#).
  - b. Canadian Society of Addiction Medicine [Buprenorphine Prescribing Course](#).
  - c. [University of Manitoba Continuing Professional Development Opioid Replacement Therapy 101: An Introduction to Clinical Practice](#). Check the University of Manitoba Rady Faculty of Health Sciences [Continuing Professional Development](#) for course availability and registration.
  - d. [Provincial Opioid Addiction Treatment Support Program](#) - British Columbia Centre for Substance Use.
  - e. [About the Addiction Care and Treatment Online Certificate](#) - British Columbia Centre for Substance Use.
2. Complete the [Buprenorphine for Opioid Use Disorder Application form](#) and submit it with your certificate of completion to [practice@crnm.mb.ca](mailto:practice@crnm.mb.ca).

You will receive an email confirming your buprenorphine prescribing privileges.

## Prescribing Buprenorphine for Opioid Use Disorder

Buprenorphine prescribing for analgesia does not require additional authorization from the College. It does require that you do not have a restriction to prescribe controlled drugs and substances.

## Report Lost/Stolen M3P Prescription Pads

To report a lost or stolen M3P prescription pad, email the College of Pharmacists of Manitoba at [mppp@cphm.ca](mailto:mppp@cphm.ca).

### Resources

[Information about the Manitoba Prescribing Practices Program \(M3P\)](#)

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For more information please contact one of our quality practice consultants at

204-774-3477

800-665-2027 (Manitoba toll-free)

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