

# Prescribing Controlled Drugs and Substances

The College of Registered Nurses of Manitoba General Regulation, M.R. 114/2017 (gov.mb.ca), allows for RN(NP)s to prescribe any drug listed in Schedule 1 of the Manual for Canada's National Drug Scheduling Systems published by the National Association of Pharmacy Regulatory Authorities as amended from time to time, subject to the restrictions set out in the Controlled Drugs and Substances Act and the regulations under that Act. Manitoba legislation provides for changes to the Controlled Drugs and Substances Act and regulations without requiring further changes to Manitoba legislation.

The New Classes of Practitioner Regulations and subsection 56(1) class exemptions under the Controlled Drugs and Substances Act authorizes RN(NP)s to prescribe:

- · narcotics,
- · controlled drugs,
- · benzodiazepines,
- · anabolic steroids,
- · other targeted substances.

However, this Act precludes RN(NP)s from prescribing opium and cocoa leaves.

Until the following requirements are met, an RN(NP)'s records in Nurse Check displays the following condition: *The member is not authorized to prescribe controlled substances pending completion of the education requirements.* 

To remove this condition, you must fulfill the following requirements:

- Review the Manitoba Prescribing Practices Program (M<sub>3</sub>P) presentation.
  - Request the presentation password by emailing

<u>practice@crnm.mb.ca</u> with your full name and registration number.

- Watch the M3P presentation.
- · Complete the post-test and click Submit.
- 2. If you have not graduated from either:
  - the University of Manitoba Masters of Nursing Nurse Practitioner stream before fall 2016, or
  - Another graduate level Nurse Practitioner program that contains the current competencies for prescribing controlled drugs and substances.

you must also submit to Pam Plouffe by email: <a href="mailto:pplouffe@crnm.mb.ca">pplouffe@crnm.mb.ca</a> or fax: 204-775-7117, evidence of completion of one of the following:

- University of Ottawa <u>Prescribing Narcotics and</u> Controlled Substances Course
- University of Toronto Controlled Drugs and Substances: Essential Management and Prescribing Practices
- Athabasca University <u>Controlled Drugs and</u> Substances for NP Providers

You will receive an email upon removal of conditions, authorizing you to prescribe controlled drugs and substances.

### Prescribing Methadone for Analgesia To prescribe methadone for analgesia, you must fulfill additional requirements:

course online.

 Complete the <u>Methadone Renewal Application</u> and submit it to practice@crnm.mb.ca

You will receive an email confirming that you have received a methadone prescribing exemption for analysis.

# Prescribing Methadone for Opioid Use Disorder

### To prescribe methadone for opioid use disorder, you must fulfill additional requirements:

- Complete Part A of the <u>Methadone Prescribing for</u>
   Opioid Use Disorder Application form and submit it to practice@crnm.mb.ca
- 2. Attend the theoretical training course: Opioid

  Replacement Therapy 101: An Introduction to Clinical

  Practice and complete all assigned readings. Check the

  University of Manitoba Rady Faculty of

  Health Sciences Continuing Professional

  Development for course availability and registration.
- Attend a minimum of four half-days of clinical training shadowing an experienced methadone provider. Contact information for approved supervising prescribers is provided at the theoretical training session.
- 4. Complete Part B of the Methadone Prescribing for Opioid Use Disorder Application form and submit it to practice@crnm.mb.ca

You will receive an email confirming that you have received a methadone prescribing exemption for opioid dependence.

# Prescribing Methadone Exemption for Opioid Use Disorder or Analgesia

To renew your exemption to prescribe methadone, you must fulfill additional requirements before the expiry of your methadone prescribing exemption:

 Complete the <u>Methadone Renewal Application</u> and submit it to <u>practice@crnm.mb.ca</u>

### Prescribing Buprenorphine

Buprenorphine prescribing for opioid dependence treatment requires additional authorization from the College.

## To prescribe buprenorphine for opioid use disorder, you must fulfill additional requirements:

- Complete one of the following:
  - a. Centre for Addiction and Mental Health\_
    <u>Buprenorphine-Assisted Treatment of Opioid</u>
    <u>Dependence</u>
  - b. Canadian Society of Addiction Medicine\_ <u>Buprenorphine Prescribing Course</u>
  - c. University of Manitoba Continuing Professional
    Development Opioid Replacement Therapy 101:
    An Introduction to Clinical Practice. Check the
    University of Manitoba Rady Faculty of
    Health Sciences Continuing Professional
    Development for course availability and
    registration.
  - d. <u>Provincial Opioid Addiction Treatment Support</u>
    <u>Program</u> British Columbia Centre for Substance
    Use
  - e. <u>About the Addiction Care and Treatment Online</u>

    <u>Certificate</u> British Columbia Centre for Substance

    Use
- Complete the <u>Buprenorphine for Opioid Use Disorder</u>
   <u>Application form</u> and submit it with your certificate of completion to <u>practice@crnm.mb.ca</u>.

You will receive an email confirming your buprenorphine prescribing privileges.

# Report Lost/Stolen M3P Prescription Pads

To report a lost or stolen M3P prescription pad, email the College of Pharmacists of Manitoba at <a href="mappg@cphm.ca.">mppp@cphm.ca.</a>

#### Resources

OAT Approval Training Process Flow Chart

**Published:** 01/2017 **Revised:** 01/2024

For more information please contact one of our quality practice consultants at

Our publications are available on our website at crnm.mb.ca

204-774-3477

800-665-2027 (Manitoba toll-free)