



RN(AP) Schedule

The *CRNM General Regulation* (Regulation) state which of the following an RN(AP) may order:

- Devices,
- Screening and diagnostic testing,
- Drugs and vaccines.

The Regulation includes specified devices and screening/diagnostic tests that a RN(AP) may order.

If the drug/vaccine is included in a category, then it does not need to be listed as a specified medication.

Alternately, if a drug/vaccine is not included in a category, then it must be listed as a specified drug or vaccine.

It also includes both **categories** of drugs/vaccines and **specified** drugs/vaccines.

Travel Health

Screening and Diagnostics

An RN(AP) may order or receive reports of the following **screening or diagnostic tests** for their approved travel health client population:

Malaria

- Hematology
 - Glucose-6-Phosphate Dehydrogenase (G6PD) screening test

Serology

- Hepatitis A virus
 - Hepatitis A immunoglobulin G antibodies
 - Hepatitis A immunoglobulin M antibodies
- Hepatitis B virus
 - Hepatitis B surface antigen
 - Hepatitis B surface antibodies
 - Hepatitis B core antibodies
- Hepatitis C virus
- Human immunodeficiency virus (HIV) antibodies
- Measles immunoglobulin G antibodies
- Mumps immunoglobulin G antibodies
- Rubella immunoglobulin G antibodies
- Varicella immunoglobulin G antibodies
- Interferon Gamma Release Assay (IGRA)
- Rabies titre — serum of rabies neutralizing antibody

Transfusion Medicine

- ABO blood typing

Other

- Chest X-ray to assess for presence of tuberculosis disease
- Nucleic acid rapid antigen or antibody tests to assess for the presence of or immunity to respiratory viruses

Categories of Drugs and Vaccines

An RN(AP) may prescribe a **drug/vaccine** in the following **categories** for their approved travel health client population:

Altitude Sickness Prophylaxis

- carbonic anhydrase inhibitors
- glucocorticoids

Emergency Medication for Anaphylaxis Management

- alpha-adrenergic agonists
- antihistamines
- beta-agonists
- vasopressors

Malaria Chemoprophylaxis

- antimalarials

Specified Drugs and Vaccines

An RN(AP) may prescribe the following **specified vaccines** for their approved travel health client population:

- Bacille Calmette–Guerin (BCG)
- Cholera/Enterotoxigenic escherichia coli (ETEC)
- Diphtheria
- Enterotoxigenic escherichia coli (ETEC)
- Japanese encephalitis
- Haemophilus influenzae (Hib)
- Hepatitis A
- Hepatitis B
- Herpes zoster
- Human papillomavirus (HPV)
- Influenza
- Measles
- Meningococcal
- Mumps
- Pertussis
- Pneumococcal
- Polio
- Typhoid
- Rabies
- Rotavirus
- Rubella

- Tetanus
- Tick borne encephalitis
- Varicella
- Yellow fever
- Severe acute respiratory syndrome coronavirus 2 (COVID-19)

Biologics

- Immune serum globulin (ISG)
- Tuberculin

Reproductive Health, Sexually Transmitted Infections and Blood Borne Pathogens

Devices

An RN(AP) may prescribe the following **device** for their approved client population of reproductive health, sexually transmitted infections and blood borne pathogens practice area:

- Diaphragm

Screening and Diagnostics

An RN(AP) may order or receive reports of the following **screening or diagnostic tests** for the reproductive health, sexually transmitted infections and blood borne pathogens client population:

Chlamydia

- Clinical Microbiology
 - Urine for Chlamydia trachomatis nucleic acid test
 - Genital swab for Chlamydia trachomatis nucleic acid test
 - Rectal, eye, or throat swab for direct fluorescent antibody microscopy

Gonorrhea

- Sexually Transmitted Infections (STI) Bacteriology
 - Urine for Neisseria gonorrhoea nucleic acid test
 - Genital swab for Neisseria gonorrhoea nucleic acid test
 - Genital swab for Neisseria gonorrhoea culture
 - Rectal, eye or throat swab for Neisseria gonorrhoea culture

Syphilis

- Serology
 - Blood or serum

Trichomonas

- Clinical Microbiology
 - Vaginal swab for fixed stain microscopy, culture
 - Vaginal swab for Trichomonas vaginalis antigen
 - Vaginal swab for Trichomonas vaginalis nucleic acid test

Bacterial Vaginosis

- Clinical Microbiology
 - Swab for microscopy

Candida

- Clinical Microbiology
 - Swab for culture and microscopy

Herpes Simplex Virus (HSV)

- Virus Detection
 - Swab for HSV nucleic acid testing

Treatment of Genital Warts

- Human papillomavirus nucleic acid testing

Hepatitis B

- Serology
 - Hepatitis B virus
- Hepatitis B surface antigen
- Hepatitis B surface antibodies
- Hepatitis B core antibodies

Other Diagnostics for Sexual and Reproductive Health

- Clinical Biochemistry and Genetics
 - Pregnancy test (serum and urine)
- Serology
 - Hepatitis A virus
- Hepatitis A immunoglobulin G antibodies
- Hepatitis A immunoglobulin M antibodies
 - Hepatitis C virus antibodies
 - Human Immunodeficiency Virus (HIV)
 - HIV antibodies
- Cervical cancer screening/Pap testing
- Human papillomavirus nucleic acid testing

If the drug/vaccine is included in a category, then it does not need to be listed as a specified medication.

Alternately, if a drug/vaccine is not included in a category, then it must be listed as a specified drug or vaccine.

Categories of Drugs and Vaccines

An RN(AP) may prescribe a **drug/vaccine** in the following **categories** for their approved client population of reproductive health, sexually transmitted infections and blood borne pathogens practice area:

Bacterial Vaginosis

- Nitroimidazoles
- Lincomycins
- Lincosamides

Chlamydia Trachomatis

- Macrolides
- Tetracyclines
- Cephalosporins
- Beta Lactam

Drugs for Reproductive Health

- Antifungals
- Intrauterine devices
- Intrauterine systems
- Vaginal rings
- Emergency hormonal contraception

Herpes Simplex Virus (HSV)

- Antivirals

Human Immunodeficiency Virus (HIV) Exposure Management

- Antiretrovirals

Neisseria Gonorrhoea

- Cephalosporins
- Macrolides
- Tetracycline

Syphilis

- *Beta Lactams*
- *Tetracyclines*

Trichomoniasis

- Nitroimidazoles
- Lincomycins
- Lincosamides

Categories of Drugs and Vaccines

An RN(AP) may prescribe the following **specified drugs/vaccines** for their approved client population of reproductive health, sexually transmitted infections and blood borne pathogens practice area:

Treatment of Genital Warts

- Imiquimod
- TCA/Trichloroacetic acid
- Liquid nitrogen

Emergency Medication for Anaphylaxis Management

- Injectable epinephrine
- Injectable diphenhydramine

Drugs for Reproductive Health

- Oral Combined Estrogen and Progestin
- Oral Progestin only pills
- Depo-Provera Medroxyprogesterone Acetate
- Transdermal Combined Estrogen and Progestin Monophasic patch
- Vaginal Rings
- Hepatitis A vaccine
- Human papillomavirus vaccine (HPV)
- Topical estrogen or estradiol cream

Diabetes Health

Devices

- Glucometers;
- Glucose test strips;
- Lancets;
- Lancing pen devices;
- Lancing pen needles;
- Insulin syringes;
- Urine ketone strips

Screening and Diagnostics

An RN(AP) may order or receive reports of the following **screening or diagnostic tests** for their approved diabetes health client population:

Biochemistry

- Glucose – (plasma)
- Glycosylated hemoglobin – A1C (blood)
- Glucose tolerance test, 2 hour – (plasma)
- Glucose tolerance test, 75 g – (plasma)
- Apolipoprotein B – (serum)
- Creatinine – (serum)
- Potassium – (serum)
- Sodium – (serum)
- Estimated glomerular filtration rate – (plasma)
- Cholesterol, total – (plasma)
- Cholesterol, high density lipoprotein – (plasma)
- Cholesterol, low density lipoprotein (calculated) – (plasma)
- Triglycerides – (plasma)
- Albumin-to-Creatinine Ratio (ACR) – (urine)
- Urinalysis, complete – (urine)

Categories of Drugs and Vaccines

An RN(AP) may prescribe a **drug/vaccine** in the following **categories** for their approved diabetes health client population:

Antihyperglycemic Agents

- Thiazolidinediones (TZD)
- Biguanides
- Incretin agents

- GLP-1 receptor agonists
- SGLT2 inhibitors
- Insulin secretagogues
- Alpha-glucosidase inhibitors (AGI)

Cardiac/Renal

- Angiotensin-converting enzyme (ACE) inhibitors
- Angiotensin II receptor blockers (ARB)
- Statins
- Fibrates

Insulin

- Bolus (prandial) insulins
- Basal insulins
- Premixed insulins

Other

- Glucagon kit
- Glucose tablets

If the drug/vaccine is included in a category, then it does not need to be listed as a specified medication.

Alternately, if a drug/vaccine is not included in a category, then it must be listed as a specified drug or vaccine.

Categories of Drugs and Vaccines

An RN(AP) may prescribe the following **specified drugs/vaccines** for their approved diabetes health client population:

Combined formulations

- Metformin and Sitagliptin
- Metformin and Sitagliptin modified release
- Metformin and Linagliptin
- Metformin and Saxagliptin
- Metformin and Empagliflozin
- Metformin and Dapagliflozin

Insulin

- Bolus (prandial) insulins
 - Rapid-acting insulin analogues
- Insulin aspart
- Insulin glulisine
- Insulin lispro

- Short-acting insulins
 - Regular
- Basal insulins
 - Intermediate-acting
- Neutral Protamine Hagedorn (NPH)
- Insulin detemir
- Insulin glargine
- Premixed insulins
 - Premixed regular insulin — Neutral Protamine Hagedorn (NPH)
 - Premixed insulin analogues

Antihyperglycemic Agents

- Alpha-glucosidase inhibitors
 - Acarbose
- Combined formulations
 - Metformin and Sitagliptin
 - Metformin and Linagliptin
- Incretin agents
 - DPP-4 inhibitors
- Sitagliptin
- Saxagliptin
- Linagliptin
- GLP-1 receptor agonists
 - Exenatide
 - Liraglutide
- Insulin secretagogues
 - Sulfonylureas
- Glicilazide
- Glimepiride
- Glyburide
- Meglitinides

- Nateglinide
- Repaglinide
- Metformin

Cardiac/Renal

- BP/Renal protection
 - Angiotensin-converting enzyme inhibitor (ACEi)
 - Angiotensin II receptor blocker (ARB)
- Lipids
 - Atorvastatin
 - Fluvastatin
 - Lovastatin
 - Pravastatin
 - Rosuvastatin
 - Simvastatin
 - Fibrate

Other

- Glucagon kit

References

Government of Manitoba (2009). *The Regulated Health Professions Act* S.M. 2009, c. 15. www.gov.mb.ca/health/rhpa.

CRNM. Practice Expectations. www.crnmb.ca/practice-expectations.

CRNM. Scope of Practice. www.crnmb.ca/scope-of-practice.

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